

## For more information

More information on NHS North West London and its PPwT/IFR policy and processes, including a complete list of which treatments are covered, please visit our dedicated website at:

[www.northwestlondon.nhs.uk/IFR](http://www.northwestlondon.nhs.uk/IFR)

You can also email PPwT/IFR queries to:  
[ppwtnw.london@nhs.net](mailto:ppwtnw.london@nhs.net)

Or call PPwT/IFR enquiries on:  
020 3350 4242

## Accessibility

If you require services for the deaf, or would like a copy of this report in Braille, audio cassette, large print or in other languages, please call 020 3350 4242.

### HELITAANKA ADEEGYADA

Haddii aad rabto adeegyada loogu talagalay dadka maqalka ka laxaadka la', ama koobbi ah waxbixintan oo ku qoran qoraalka loogu talagalay dadka indhaha la', ama ku duuban cajeladaha maqalka ama ku daabacan farta waawayn ama ku qoran luqad kale, fadlan soo wac 020 3350 4242

### DOSTĘPNOŚĆ

Jeśli potrzebujesz usług dostosowanych do osób niesłyszących, lub chciałbyś otrzymać kopię niniejszego raportu pisaną językiem Braille'a, w postaci nagrania dźwiękowego, pisaną dużą czcionką lub przetłumaczoną na inne języki, prosimy o telefon pod numerem 020 3350 4242.

### MUNDESI PERDORIMI

Nese keni nevoje per sherbimet per te shurdher ose deshironi te keni kopjen e ketij raporti ne Braille (gjuhen e te verberve), ne kasete, me shkronja te medha ose ne gjuhe tjera, ju lutemi thirrni 020 3350 4242.

امکان دسترسى

اگر شما نیاز به خدمات برای افراد کر دارید و یا رونوشت این گزارش برای نابینایان - بصورت نوار صوتی - حروف درشت و زبان های دیگر میخواهید لطفا با این شماره تلفن تماس حاصل نمائید

020 3350 4242

### سهولة المنال

إن كنت تحتاج إلى خدمات للصم، أو أردت نسخة عن هذا التقرير من خلال البريل، الشريط الصوتي، الطباعة الكبيرة أو بلغات أخرى، الرجاء الاتصال على الرقم 020 3350 4242

### सेवांनी सुलभता

जे तमे बीवडूव सांभली न शकता हो तेनी सेवाओ ज्येठनी होय अथवा आ रिपोर्टनी नकव अंधविपिमां (ब्रेव), ओडियो डेसेट पर रेकॉर्ड करेबी, मोटा अक्षरमां छापेबी अथवा गुजराती भाषामां ज्येठनी होय तो, सहेरबानी करी टेविडेन करो: 020 3350 4242

आपको इस रिपोर्ट की कॉपी बेल में, सुनने वाली टेप पर, बड़ी लिखाई में या यदि आपको बहरे लोगों के लिए सेवाओं की ज़रूरत है या किसी और भाषा में चाहिए तो कृपया 020 3350 4242 पर फोन करें।

ਜੇ ਤੁਹਾਨੂੰ ਬੋਲੇ ਲੋਕਾਂ ਲਈ ਮੇਟਾਵਾਂ ਦੀ ਲੋੜ ਹੈ ਜਾਂ ਤੁਹਾਨੂੰ ਇਸ ਰਿਪੋਰਟ ਦੀ ਕਾਪੀ ਬਰੇਲ ਵਿੱਚ, ਸੁਨਣ ਵਾਲੀ ਟੇਪ ਤੇ, ਵੱਡੀ ਲਿਖਾਈ ਵਿੱਚ ਜਾਂ ਕਿਸੇ ਹੋਰ ਬੋਲੀ ਵਿੱਚ ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ 020 3350 4242 ਤੇ ਫੋਨ ਕਰੋ।

اگر آپ کو بہرے لوگوں کے لیے خدمات چاہئیں یا اس رپورٹ کی نقل بریل، آڈیوکیسیٹ، بڑے پرنٹ یا کسی زبان میں درکار ہوتو مہربانی کر کے فون نمبر 020 3350 4242 دوسری پر رابطہ کریں۔



# Can I get this treatment on the NHS?



This leaflet explains how NHS North West London CCGs makes decisions about treatments which may not normally be available through the NHS

**As with many organisations, the NHS in North West London CCGs has limited resources and has a duty to manage them carefully.**

This means it has to:

- look at evidence for the safety and effectiveness of any treatment
- ensure that services give patients the greatest possible benefits from the resources available
- ensure that there is equal access to services.

**NHS North West London CCGs has a new set of policies and principles for deciding which of these increasing numbers of treatments, called 'Planned Procedures with a Threshold' or 'PPwT', should be available on the NHS.**

**There is also a panel, made up of health professionals such as doctors, public health specialists, pharmacists, and lay representatives, to make decisions on funding requests for PPwT. These are called 'Individual Funding Requests' or 'IFR'.**

## **HOW 'IFR' DECISIONS ARE MADE**

If you want to request a PPwT treatment which NHS NWL CCGs may not normally fund, the request needs to come from your doctor. Additional information, such as your medical records, may need to be provided along with your request.

This information will be treated in the strictest confidence and used according to data protection laws. The request will be acknowledged and any requests for additional information made to your doctor.

If appropriate, the IFR panel will then consider whether your case meets the policy criteria and make a decision. This usually takes 4 to 6 weeks, depending on the case.

The IFR panel will let your doctor know what has been decided. If you feel all relevant information has not been considered, or the proper process has not been followed, you and your doctor can appeal in writing. You need to do this within 3 months of the date of the IFR panel decision.

### **What kinds of treatments are involved?**

Some of the most common PPwT procedures are: cataracts, some hip and knee operations, IVF treatments, and varicose veins. This does not mean that all such procedures will come under this

new approach - each case is different and will depend on the advice of your doctor and other clinical experts. Your doctor should be your first point of reference.

### **I thought the NHS funded all these kinds of treatments?**

The majority of treatments available on the NHS continue to be free at the point of delivery. But choices have to be made on treatments which are very costly or have limited clinical benefit.

These choices are made using the best available evidence about the effectiveness and relative costs of different treatments. By reducing spending on treatments which are not clinically necessary, we can safeguard and continue to do what is clinically essential or urgent, such as cancer referrals and life-threatening trauma cases in A&E.

### **So what should I do if I think I could benefit from one of these treatments?**

Your doctor should be your first point of reference and will advise you. If your doctor feels that you would benefit from one of the treatments that the NHS in North West London CCGs does not routinely pay for, and that therefore you should apply for funding, he or she will get in touch with the relevant authorities and the IFR panel.